



## **Jane Doe's Med Retreat Itinerary**

**Destination:** Penang, Malaysia

**Home Departure Date:** 01/18/2005

**Air Travel:** If you have booked your air travel through Time Travel, your flight information will be listed further down in this document. If you have made arrangements on your own, refer to your air travel itinerary from your travel agent. If this is the case, please remember to forward a copy of your air travel itinerary to your Destination Program Manager (DPM) so they can make arrangements to greet you at the airport upon arrival in Penang, Malaysia.

**Destination Airport Arrival Date & Time:** Refer to your air travel itinerary from your travel agent. Your DPM will greet you at the airport and transfer you to your hotel and review the medical process.

**Check-in:** Eastern & Oriental Hotel on 01/20/2005

**Review the medical process:** On 01/20/2005, your DPM will review your detailed schedule of events with you. If you have any special requests or concerns, please feel free to mention them to your DPM at this time. They are there to ensure your comfort by assisting you in any way possible.

**Doctor consultation:** 01/20/2005

**Surgery admission:** 01/21/2005

**Surgery release:** 01/28/2005

**Return to:** Eastern & Oriental Hotel on 01/28/2005

**Excursions:** Consult with your Destination Program Manager. We purposefully do not schedule excursions before your procedure recuperation to allow for an adequate recovery. Your DPM will be able to determine your ability to be involved in extracurricular activities by consulting with your doctor. This will help to avoid any loss of deposits paid to excursion companies if you are not able to attend. Also, it's very easy to book an excursion with very short notice in your destination.

**Check-out of:** Eastern & Oriental Hotel on 02/03/2005

**Destination Airport Departure Date:** Please refer to your air travel itinerary for the exact date and time.

**Important Note:** Upon arrival home, please contact MedRetreat so we can update your personal files.

**MedRetreat Direct Phone #'s:** Within the U.S: **1-877-876-3373** or Outside the U.S.: **443-451-9996**

**Emergency Phone Numbers:** Please use the following phone numbers only in case of an emergency:  
**1-443-223-1172 or 1-847-877-7885**

## Time Travel Flight Itinerary

### TRAVELLERS



**Last Name:**

Doe

**First Name:**

Jane

### FLIGHT

**United - UA 422**

**Tue 18 Jan 2005**



Departs: 07:46 AM Logan Field(BIL)  
Billings

Arrives: 09:12 AM Denver Intl Arpt(DEN)

Status: Confirmed for Economy class  
Conf Nbr for United - VBDPDK

Seats: 10E

Service: Boeing 737 Journey Time 1:26

Remarks: ONLY MIDDLE SEAT AVAILABLE

### FLIGHT

**United - UA 283**

**Tue 18 Jan 2005**



Departs: 10:27 AM Denver Intl Arpt(DEN)

Arrives: 12:00 N San Francisco Intl Arpt(SFO)

Status: Confirmed for Economy class  
Conf Nbr for United - VBDPDK

Seats: 26A

Service: Boeing 757-200 Arrival Terminal 3  
Journey Time 2:33

### FLIGHT

**United - UA 853**

**Tue 18 Jan 2005**



Departs: 1:45 PM San Francisco Intl Arpt(SFO)

Arrives: 4:30 PM Narita(NRT)  
Tokyo  
03 AUG 2005

Status: Confirmed for Economy class  
Conf Nbr for United - VBDPDK

Seats: 53K

Service: Departure Terminal I Arrival Terminal 1  
Boeing 747-400 Journey Time 10:45  
Lunch, Lunch

### FLIGHT

**United - UA 837**

**Wed 19 Jan 2005**



Departs: 5:55 PM Narita(NRT)  
Tokyo

Arrives: 11:45 PM Changi Intl Arpt(SIN)  
Singapore

Status: Confirmed for Economy class  
Conf Nbr for United - VBDDPK

Seats: 56K

Service: Departure Terminal 1 Arrival Terminal 1  
Boeing 747-400 Journey Time 6:50  
Dinner

<b>FLIGHT</b>	<b>Singapore Airl - SQ 5652</b>	<b>Thu 20 Jan 2005</b>
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Departs: 11:05 AM Changi Intl Arpt(SIN)  
Singapore

Arrives: 12:30 PM Penang Intl Arpt(PEN)

Operator: Malaysia Airline System

Status: Confirmed for Economy class  
Conf Nbr for Singapore Airl - M38R8L

Service: Departure Terminal 2  
Boeing 737 Journey Time 1:25  
Meal

Remarks: SEAT MAP UNAVAILABLE

<b>FLIGHT</b>	<b>Singapore Airl - SQ 191</b>	<b>Wed 02 Feb 2005</b>
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Departs: 10:30 AM Penang Intl Arpt(PEN)

Arrives: 11:55 AM Changi Intl Arpt(SIN)  
Singapore

Status: Confirmed for Economy class  
Conf Nbr for Singapore Airl - M38R8L

Service: Arrival Terminal 2  
Boeing 777-200 Journey Time 1:25  
Meal

Remarks: SEAT MAP UNAVAILABLE

<b>FLIGHT</b>	<b>United - UA 838</b>	<b>Thu 03 Feb 2005</b>
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Departs: 07:20 AM Changi Intl Arpt(SIN)  
Singapore

Arrives: 3:20 PM Narita(NRT)  
Tokyo

Status: Confirmed for Economy class  
Conf Nbr for United - VBDDPK

Service: Departure Terminal 1 Arrival Terminal 1  
Boeing 747-400 Journey Time 7:00  
Breakfast, Snack

<b>FLIGHT</b>	<b>United - UA 872</b>	<b>Thu 03 Feb 2005</b>
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Departs: 5:20 PM Narita(NRT)  
Tokyo

Arrives: 4:10 PM Denver Intl Arpt(DEN)

Status: Confirmed for Economy class  
Conf Nbr for United - VBDDPK

Service: Narita to Los Angeles Intl Arpt  
Departure Terminal 1 Arrival Terminal 6  
Boeing 777 Journey Time 10:10  
Dinner, Breakfast

Service: Los Angeles Intl Arpt to Denver Intl Arpt  
Departure Terminal 7  
Airbus A320 Journey Time 2:20

<b>FLIGHT</b>	<b>United - UA 6673</b>	<b>Thu 03 Feb 2005</b>
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Departs: 4:58 PM Denver Intl Arpt(DEN)

Arrives: 6:22 PM Logan Field(BIL)  
Billings

Operator: United Express/skywest

Status: Confirmed for Economy class  
Conf Nbr for United - VBDPDK

Service: Canadair Jet Journey Time 1:24